

**Intuitive Hypnotherapy with Dr. Cynthia Smith
Group Hypnotherapy Media Release**

Thank you for joining this group hypnotherapy session. Parts of this session may be recorded and shared on the **Intuitive Hypnotherapy Podcast** and YouTube channel.

- You may **choose your level of privacy**:
 - Stay on camera and use your name.
 - Turn off your camera and/or change your screen name.
 - Remain silent if you do not want your voice recorded.
- The **hypnosis/meditation portion** will always be published.
- The **discussion/sharing portion** may be published unless you opt out.

By signing below, you give Dr. Cynthia Smith permission to record and publish this session in audio/video form. You understand you will not be compensated and release Dr. Smith from any claims related to privacy or use of the recording.

Name: _____

Signature: _____

Date: _____